



ENJOYABILITY

YOUR HAPPINESS OUR MISSION



About Us

We founded Enjoyability based on 25 years of experience caring for our sister. We watched all ups and downs throughout her life, and we now apply all that we have learnt to everyone who joins the Enjoyability family!

Our Mission

We are on a mission to make every participant **smile!** We ensure that every service we provide is tailored to the participant, and are constantly evolving to improve. Through this, we are striving to reach the ultimate goal of helping every participant have an **optimistic** outlook on life, and give them the support they need to tackle every goal they have dreamt of.



Community Access

Enjoy a customised program based on your goals with your dedicated support workers!



Short-Term Respite

Learn important life skills while spending some time away from home!



Day Program

Create lifelong relationships with support workers and participants while undertaking fun activities!



Allied Health Services

Receive treatment from our experienced therapists to help you live more independently!

0416 839 200

Call Angelo
for more info!



02 9602 8698



Mt Druitt Day Program



Our Day Program provides a structured, engaging environment where participants can build skills and meaningful connections while enjoying a variety of activities tailored to their individual goals and interests. Through a personalised intake process, we design programs that combine physical activity, life-skills development, social engagement, and creative experiences, supported by energetic, highly trained staff. We offer additional personal care support where required, ensuring every participant can take part fully. Our approach is practical, inclusive, and beneficial. Family members also have the option to receive daily updates with images and videos of what the participant completed that day

Community Access



Community Access Program focuses on building real connections while supporting participants to live active, fulfilling lives. We match each participant with trained support workers according to their preferences to foster real friendships built on trust and enjoyment, and use a tailored intake process to create programs aligned with individual abilities, goals, interests, and hobbies

In-home Supports



Our In-Home service provides 1:1 support in each participant's home, focusing on daily living, personal care, and independence. Participants only receive support from familiar support workers in their home to build trust and consistent routines



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Day Program:

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Office:

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SHORT TERM RESPITE AND FITNESS PROGRAM



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Short Term Respite (STR)

We provide STR in safe, relaxing locations, giving participants a refreshing break from their routine while allowing families and informal carers time to reset. Each stay is personalised to support independence and personal growth, with optional life-skills training such as cooking, cleaning, personal care, and daily routines, tailored to individual goals and abilities. We keep families informed with daily updates for peace of mind and welcome input to ensure every experience is meaningful.



Fitness with Friends Program

Our Fitness with Friends Program is tailored to each participant's abilities, interests, and goals, combining structured guidance with fun, motivating physical activity to support both physical and mental wellbeing. We develop personalised plans, track progress, and celebrate achievements to build confidence while improving strength, coordination, fitness, focus, and social connection. Sessions can take place within our Day Program or in the community, creating a flexible and supportive environment for participants to stay active and engaged.



Available activities include walking and hiking, gym workouts, basketball, soccer, and boxing, with participant requests always welcome, ensuring everyone has the opportunity to enjoy the sports they love while exploring new activities in a positive, encouraging setting.



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ALLIED HEALTH SERVICES



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We provide high-quality Allied Health Services designed to help participants build capacity and become better equipped to face daily life. Our dedicated team of professionals works closely with each individual to deliver personalised therapy, ensuring that they work towards building skills for a better future.



Our range of Allied Health Services includes:

Occupational Therapy – Enhancing daily living skills and independence

Speech Therapy – Supporting communication, language, and swallowing difficulties



To make access as convenient as possible, all our services are **mobile**, so we come to you! Whether at home, school, childcare centres, or community hubs, our therapists provide support in environments that are comfortable and familiar to the participant.



We are continuously expanding our team to ensure **availability** for new participants, allowing for timely access to therapy without long wait times. Our therapists and practitioners are not only highly qualified and experienced but also passionate about making a real difference in the lives of those we support.

Tanya - SPA registered Speech Pathologist



Angelina - AHPRA registered Occupational Therapist



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GALLERY

SOME MEMORIES WITH OUR LOVELY PARTICIPANTS
(SHARED WITH CONSENT)



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WEST, SOUTH WEST AND INNER-WEST SYDNEY

HAVE AN AMAZING DAY!

